



Discovery News

for Discovery Health members

D&A
DORMAN &
ASSOCIATES

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This email is written by an independent commentator and not by Discovery Health. Any Discovery Health member is welcome to subscribe. Queries regarding this email can be sent to keith@dorman.co.za.

Assisted Reproductive Therapy (ART) Benefit

The **ART benefit** gives members on the **Executive and Comprehensive plans** cover for a defined list of female infertility procedures and treatments, up to a Rand limit of R122 000 per person per year, subject to specific rules. Cover is up to 75% of the Discovery Rate when you use an accredited facility in the Discovery network.

Cover includes consultations, ultrasounds, a defined list of pathology, egg retrieval, embryo transfer and freezing, admission costs and lab fees, medicine and embryo and sperm storage relating to the approved assisted reproductive therapy procedures.

The accredited network facility that you choose will typically dispense and bill for the medicine that you need as part of your treatment. Where the facility is unable to dispense medicine related to your treatment, your treating provider can give you a script, which will need to be authorised before it is filled. Scripts are submitted via MedXpress.

There are a number of blood tests covered under the ART benefit. These tests are also covered at 75% of DHR and subject to the annual limit for this benefit.

There is specific criteria to activate the benefit, and treatment guidelines:

- * You are on an Executive or Comprehensive plan. Cover will stop if you change your plan to a lower plan at any time.
- * You are female, aged 25-50 years depending on treatment
 - Cryopreservation is available to male members post puberty and females members post puberty until age 42, if registered on the Oncology programme
 - Female members age 43 to 50 years only have access to one egg donated cycle.
- * You undergo treatment at one of the SA Society of Reproductive Medicine and Gynaecological Endoscopy (SASREG) accredited facilities
- * If you no longer meet the age requirements, cover will stop at the end of your active cycle

You can activate the ART benefit on Discovery's website, or you can call Discovery on 0860 998877 to activate. Your treating doctor or specialist can also assist with the registration process.

Infertility is classified as a **PMB** (Prescribed Minimum Benefits) condition by the Council for Medical Schemes, and the following is covered under PMB on **all plans**:

- Blood tests (day3 FSH/LH, Oestradiol, Thyroid function, prolactin, rubella, HIV, VDRL, Chlamydia, D21 progesterone)
- Counselling and advice on sexual behaviour, temperature charts etc.
- Hysterosalpingogram
- Hysteroscopy
- Laparoscopy
- Ovulation defects and deficiencies
- Semen analysis
- Surgery (uterus and tubal)
- Treatment of local infections

PMB cover is subject to registration and approval, and your treating doctor or specialist can assist with this.

Discovery Website

www.discovery.co.za

Discovery Client Services

0860 99 88 77

KeyCare Client Services

0860 102 877

Discovery Emergency
Number

0860 999 911

2023 Discovery Health Plans

Executive Plan

**Classic and Classic Delta
Comprehensive**

**Essential and Essential
Delta Comprehensive**

**Classic Smart
Comprehensive**

**Classic and Essential Smart
Essential Dynamic Smart**

**Classic & Essential Priority
Classic & Classic Delta**

Saver and Core

**Essential & Essential Delta
Saver and Core**

Coastal Saver and Core

KeyCare Plus, Core, Start

2023 Discovery Rewards

Vitality Active

Vitality Premium

Dorman & Associates cc

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Council for Medical Schemes:
ORG139

Are you wanting to stop smoking?

Vitality members who are 18 years or older qualify for 80% off the Allen Carr's Easyway To Stop Smoking programme. This is one of the most successful programme's in the world, dealing with the problem of mental addiction. Once this is overcome, the withdrawal and willpower issues are easier to manage.

Allen Carr's Easyway To Stop Smoking is endorsed by the Cancer Association of South Africa (CANSA) and have branches countrywide. With a 33-year track record and 150 clinics in over 50 countries, they are the only smoking cessation company to offer a unique money-back guarantee. Discovery Vitality members can join Allen Carr's Easyway To Stop Smoking once in a lifetime at the Vitality rate.

To join, call 0861 100 200, email easyway@allencarr.co.za or visit www.allencarr.co.za.

Vitality Ster Kinekor Benefit

Vitality members can activate the Ster Kinekor benefit and enjoy movies at up to half the price. The benefit is not available to Vitality Active members. The benefit can be activated on the Discovery App, and you will be issued with a digital card on the app.

You can belong to the Vitality Ster Kinekor Benefit AND the Ster Kinekor Club, but you cannot use both memberships for the same movie ticket to increase your discount.

The **Vitality Ster Kinekor benefit** gives you:

- 50% off a 2D, 3D or Cinema Nouveau ticket.
- 25% off a Cine Prestige, NT Live or IMAX ticket.
- Child dependants age 2-17 watch movies for free before 19h00 (7pm), after completion of the online Kids Vitality Health Review questionnaire.

The **Ster Kinekor Club** gives you:

- Half price Tuesdays, with 50% off any movie excluding D-Box seats.
- Free 2D/3D movie on your birthday (valid for 7 days)
- Earn points when booking tickets and buying Combos with your Club membership number, and redeem these points for tickets and refreshments.

Vitality Baby

Vitality members who are pregnant, or have a baby under the age of 2, can join the Vitality Baby 1000 days programme. Register online.

Vitality Baby Gift Pack

- Available from confirmed pregnancy up to baby's age 3 months.
- When registering, you will receive a code and can SMS this to your phone. Take the code to Toys R Us, or Babies R Us to collect the gift pack. If expecting more than one child, you will receive a code for each child,

HealthyCare

- Activate HealthyCare to get cashback at Clicks or Dis-Chem on selected baby care items including nappies, wipes, accessories, creams and cleaning products.
- Cashback is converted into store points and made available for future purchases on the store loyalty card.

Double Points

- Earn double points for HealthyFood items, and double fitness points.
- Once the baby is born, members will need to reactivate Vitality Baby to ensure that they receive double Vitality points until the baby is 6 months old.

Thank you for reading our issue of Discovery News.

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